



# Self Smart



Here are some ideas to try out at home if your child has been identified as having a strength in the area of Self Smart. These activities will encourage this smart while developing other areas of intelligence as well.

- Go to the library and encourage your child to choose books about what they like, and what they like to do. (Self/Word)
- Go to your child's favorite park, ask friends to meet you there to blow bubbles with you. (Self/People)
- Choose music that describe feelings, or try classical music, and have your child listen with head-phones. (Self/Music)
- Set up art supplies in your child's favorite spot. Allow them to create independently. (Self/Art)
- Allow your child to explore independently in the back yard, create a nature journal of what they find. (Self/Nature)
- Help your child create patterns using legos, trains, blocks or other favorite toys. (Self/Math)

